



# 2017 Community Benefit Annual Report

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## Introduction

Rehabilitation Hospital of Indiana (RHI) is an acute care rehabilitation hospital for inpatient and outpatient rehabilitation. RHI specializes in brain injury, spinal cord injury, stroke, and comprehensive medical rehabilitation for injuries or illnesses resulting in loss of function. RHI is a community collaboration between Indiana University Health and St. Vincent Health.

RHI follows federal guidelines for reporting community benefit – programs designed to improve health and increase access to healthcare services – and other community investments. As defined by these guidelines, community benefit includes charity care, unreimbursed costs of government-sponsored programs and support for medical research and other healthcare services that provide care to promote health and wellness in response to identified community needs.

## *“Positively Impacting Our Community”*

The following highlights programs and activities implemented by RHI to impact the priority needs identified by the most recent Community Health Needs Assessment (CHNA):

### Access to Healthcare

- On Tuesday, June 27th, RHI partnered with a number of local hospitals and health care organizations to co-sponsor the third annual **“Strike Out Stroke”** event at Victory Field. The focus of this event was to educate the community about the prevalence and symptoms of stroke and send the message that quick action in the event of a suspected stroke can save lives. Volunteer efforts included distributing promotional giveaways as well as providing stroke education information and blood pressure readings to attendees prior to the game. We also had a very strong showing of RHI employees and previous patients coming out in support of this fantastic event. As an added bonus, previous RHI patients Mike Zimmerman (throw out first pitch), Jimmy Humphries (pregame address) and John Lummis (ring victory bell) were nominated to participate in the event. This is another example of RHI’s ongoing commitment to increasing access to healthcare and educating members of our community on the importance of health awareness.



- RHI offers **free monthly support groups** related to **stroke, brain injury, and spinal cord injury** providing education, training and coping skills to both survivors and their caregivers. Additionally, these programs help to decrease social isolation and increase support in the community.

## Nutrition and Healthy Weight

- On Thursday, June 1st, RHI team members volunteered at Arsenal Tech High School as we partnered with IU Health to provide **free sports physicals for IPS students** from local schools. Volunteer activities included screening for vision and measuring the height, weight and blood pressure of 135 students. Because of these collaborative efforts, we have helped a large number of Marion County high school students stay active by passing their physicals that will allow them to participate in sports activities.



- **RHI Sports' Annual Water Ski Clinic** is a two day program held at Morse Reservoir. This clinic provides individuals with physical disabilities the opportunity to participate in the thrilling sport of water skiing, helping to increase the participant's

overall physical fitness and self-confidence while decreasing feelings of isolation and helplessness. The two day event serves community individuals with physical disabilities.



- **RHI Sports Community Fitness Program** occurs twice weekly at our main hospital location. In recognizing that an individual with a disability needs to continue leading a healthy lifestyle, RHI makes the therapy gym and specialized equipment available at no cost to all members of the community that have a physical disability.

### Behavioral Health and Substance Abuse

- Targeting mental health issues, RHI partnered with Families First of Indiana to sponsor fifteen **Mental Health First Aid** scholarships for Marion County community members (teachers, social workers, youth group leaders, etc.) to be trained to recognize the potential risk factors and warning signs for a range of mental health problems and provide guidance for those undergoing crisis to receive necessary resources, support, and treatments to achieve recovery.

### Community Revitalization

- On Saturday, April 22nd, Team RHI partnered with numerous community members for the **2017 Great Indy Cleanup**. Sponsored by Keep Indiana Beautiful, this is an anti-litter program in partnership with the City of Indianapolis that is designed to assist individuals and community groups combat heavy litter and debris that has accumulated in public spaces. Our team's efforts concentrated on the school grounds of Jonathan Jennings Elementary School and the surrounding neighborhoods on the west-side of Indianapolis.



- On September 26th and 27th, the RHI therapy team partnered with Junior Achievement of Central Indiana and numerous industry leaders to support the second annual **JA JobSparks** event at the Indiana State Fairgrounds. The focus of this two day event was to offer Marion County students insights on what industries interest them, what specific jobs are like, and what education is required to perform them successfully. Research has shown that when a student has a real idea of what they want to do after high school, they are much more likely to stay in school and graduate. Because of the efforts of team RHI, we have provided a “spark” in positively impacting more than 8,700 Indianapolis students by sharing with them our clinical expertise and providing insights into physical, occupational and speech therapy careers.



- On Friday, October 6th, Team RHI members partnered with Greater Indy Habitat for Humanity to spend the day in helping build two homes on the East side of Indianapolis as part of the Eastern Star Church ROCK Initiative. Our volunteers did an absolutely incredible job of working together to successfully perform a number of key activities including measuring, cutting and installing siding. RHI continues to welcome the opportunity to serve our community. As a result of these collaborative efforts, two families are owning their first Habitat homes.



***“RHI is committed to serving our patients, fellow staff, and community unconditionally. We are so very excited and privileged to carry out this mission through days of community service, knowing that coming together and growing together within our community is the essence of true success.”***

–Dan Woloszyn CEO, Rehabilitation Hospital of Indiana